





# How do we show mutual respect to others...



.....By being good friends to each other.

# What can friendships give?



- Fun
- Ways To Share Feelings
- Learn New Skills
- Find Understanding and Support
- Ways To Feel Needed And Useful
- You Can Be Yourself

### The kinds of friendships

Same Gender

Boy-Girl

Group



## What Makes A Good Friendship?

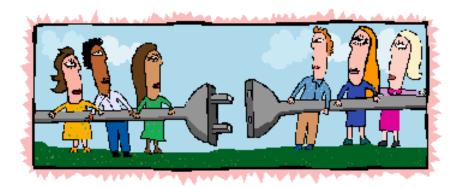
- Shared
- Shared Values

Interests

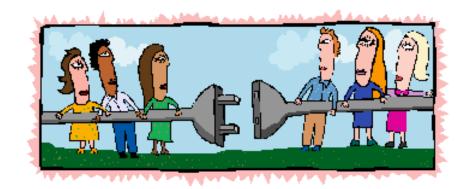
- Trust
- Honesty
- Respect
- Cooperation

- Reliability
- Support
- Understanding
- Sensitivity
- Forgiveness
- Tolerance

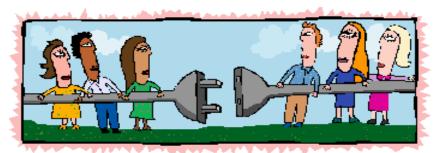
# How to make friends?



- Go where people are- most friends you make will be people who have the same interests you do.
- Be a friend to yourself- don't put yourself down.

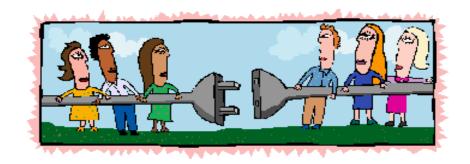


- Be cheerful- smile, don't always wait for the other person to speak first.
- Be yourself- no one is perfect. Your friends won't expect you to be, so it is best to just be yourself.

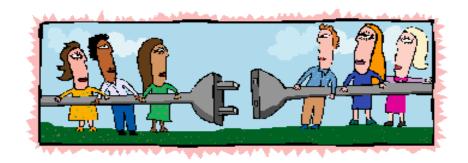


Don't expect perfection in your friendslike you, your friends will make mistakes now and then. Laugh <u>with</u> them about it, but don't put them down.

Friendship is give and take- friendship is sharing things like feelings, plans, and dreams. To make and keep a friend, you have to give as well as take. Learn to compromise.



- Realize you will sometimes disagree with your friend- nobody agrees all the time. Disagreements don't have to mean the end of a relationship.
- Give your friend space- almost everyone likes to be alone sometime. Give your friend space to have other friends, too.



Be choosy about your friends- real friends will not ask you to do things that are harmful and against the law.

Let people know that you are interested in them. Don't just talk about yourself; ask questions about them.

- So...
- TO HAVE A FRIEND...BE A FRIEND!
- Remember the Golden Rule of Friendship...TREAT OTHERS AS YOU'D LIKE TO BE TREATED!
- SOMEWHERE OUT THERE, A FRIENDSHIP IS WAITING TO START!





Be kind and nice.



To love and care.



By smiling and having fun



Be generous and share.



Give and take.



Be honest but sensitive.

#### Reflect

May we learn from our friends near and far, sharing knowledge to build a peaceful world together, so each of us can grow and realise our full potential.

