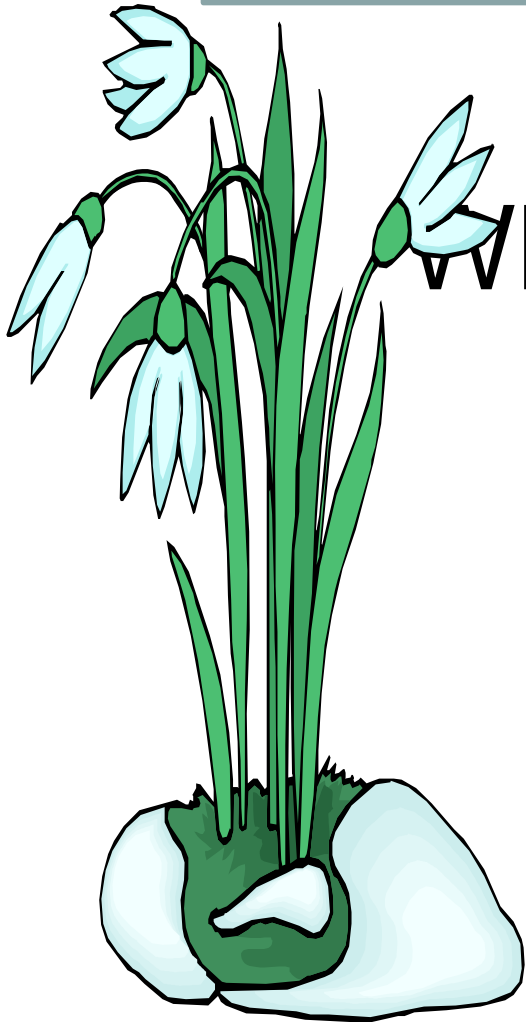


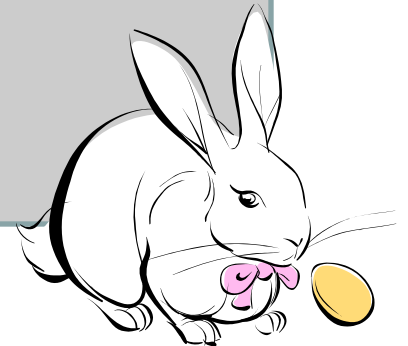
Lent



# When does Lent start?



- The 40 days before Easter is known as Lent. (We don't count the Sundays.)
- At this time, our days get longer and it is the start of Spring Time.



The journey begins on Ash  
Wednesday



*Ash Wednesday*

# On Ash Wednesday



- We received ashes on our foreheads.
- It was a sign of God's love for us.
- It reminds us that one day we will be with him forever in heaven.

Ash Wednesday marks the beginning of Lent. It is a time when we think carefully about our lives as we prepare for Easter. **Isabella**

The 40 days of lent remind us of the days when Jesus was tempted in the wilderness and how He overcame it. **James**

We are often tempted to do things when we know we should not. **Alex**

Lent is a time when we turn back to God. **Hollie**

# Let us pray...

- Lord, we ask You to help us during this season of Lent. Guide us so that we may follow your path. **Francis**
- Help us to serve others rather than our own needs. Give us the courage to give and not to count the cost. **Kayla**
- Bring us closer to you each day by each act of selflessness. We make this prayer through Christ our Lord. **Callum**

**Amen**

Lent is like a journey



# A journey to meet God





A time to get to know God better



To know his great love for us



*I am  
worthy  
of  
God's  
Love*

The journey lasts for 6 weeks



# Who is this?



During the 6 weeks of Lent we can try to get to know God better by



Praying - Miss Lorraine's Mum

# Giving something up



## Give It Up!

My Year of Learning  
to Live Better  
with Less



# Being kind to others

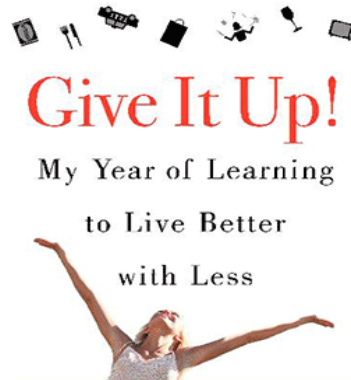


# These are the special 3 ways to learn to love God more -

- Prayer



- Fasting



- Almsgiving





Sometimes we can't do what we  
would like to do



But God sees us trying  
and will help us to start again



Our journey ends .....



# At Easter



# How can you get to know God better?



- Go to church.

# How can you get to know God better?



Stop being selfish and start being selfless.

# How can you get to know God better?



- Share the love in your heart.

# How can you get to know God better?



- Help others.



# How can you get to know God better?



- Pray more.