



Good Shepherd Appeal

Lent Calendar

February - March 2015

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|----------------------------------|---|---|--|--|---|--|
| | | | Feb 18 Ash Wednesday. | Feb 19 Draw a vase and stick your picture on the fridge, label it 'Lent' each day draw a flower in the vase and watch it blossom. | Feb 20 Write a new family prayer that you can say each day. | Feb 21 Make your bed and tidy your room. |
| Feb 22 First Sunday of Lent. | Feb 23 Help a friend in school. | Feb 24 Say 'sorry' to someone you have upset. | Feb 25 Read a story to a younger brother or sister. | Feb 26 Pray for all the children without families. | Feb 27 Take a day off from your computer/ipad and spend it with your family. | Feb 28 Do a favour for an elderly neighbour or family member. |
| Mar 1 Second Sunday of Lent. | Mar 2 Think of someone in need and pray for them. | Mar 3 Pray to Our Lady. | Mar 4 Sort out your toys and give some to charity. | Mar 5 Help set the table for dinner. | Mar 6 Give up your favourite toy or treat for today. | Mar 7 Offer to help your family with the housework. |
| Mar 8 Third Sunday of Lent. | Mar 9 Think of someone who helps you and say 'thank you'. | Mar 10 Go for a walk, thank God for creation. | Mar 11 Pray for Peace in the world. | Mar 12 Plan how you can be kind to someone today. | Mar 13 Give up chocolate for one day. | Mar 14 Today, play with your brothers and sisters. |
| Mar 15 Fourth Sunday of Lent. | Mar 16 Pick up your toys and put them away. | Mar 17 Feast of St Patrick. | Mar 18 Talk about what Jesus means to you and your family. | Mar 19 Feast of St Joseph. | Mar 20 Pray for the people who will go hungry today. | Mar 21 Turn off the TV for 30 minutes and help with family chores. |
| Mar 22 Fifth Sunday of Lent. | Mar 23 Draw a card to someone who needs cheering up. | Mar 24 Send the card to someone who needs cheering up. | Mar 25 The annunciation of the Lord. | Mar 26 Say a prayer to Jesus the Good Shepherd. | Mar 27 Play with someone in your class who doesn't have many friends. | Mar 28 Thank you prayer, write down three things that you are thankful for. |
| Mar 29 Sixth Sunday of Lent. | Mar 30 Light a candle before you eat and remember Jesus is the Light of the World. | Mar 31 How many words can you make out of the words Lent and Easter? | Apr 1 Give your family a hug to show them how much you love them. | Apr 2 Think of someone who has hurt you, forgive that person. | Apr 3 Drink water instead of fizzy drink or juice today. | Apr 4 Give your vase of 'Lent Blossom' to an elderly neighbour. |

Sunday April 5th, Happy Easter!