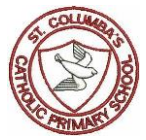






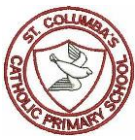
# St. Columba's Catholic Primary School



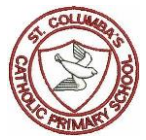
## Whole School P.E. Overview 2019-2020

### FOUNDATION STAGE

YEAR	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
YR	BLUEBIRD B1- B6 	TOUCAN T1 - T6 	GYM Unit B Stretching & Curling	DANCE Spatial awareness and moving safely Val Sabin Unit 1	GYM Unit C Travelling taking weight on different body parts	DANCE Travelling in different ways. Using parts of our body to make shapes Val Sabin Unit 1
	CANARY C1 - C6 	CANARY C4 - C9 	GAMES Unit 1 Focus on using bean bags	GAMES Unit 2 Focus on using a ball	GAMES Unit 3 Focus on using hoops and quoits	GAMES Unit 4 Focus on using ropes, bats and balls



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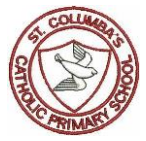


## KS1 OVERVIEW

YEAR	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
Y1	GYM  Unit E Points & Patches	GAMES  Val Sabin Year 1 Unit 3 Bat & ball skills	DANCE Stillness and Gesture Moods and Feelings Unit 3 Val Sabin	GYM  Unit D Val Sabin Flight	GYM  Unit F Rocking & Rolling GAMES	GAMES  Val Sabin Year 1 Unit 4 Developing partnerwork
	GAMES  Year 1 unit 1 Ball skills & games	DANCE  Making round and spiky shapes with bodies Unit 1 Val Sabin	GAMES  Year 1 Unit 2 Throwing & catching Aiming	FUNDAMENTALS  PLAYGROUND GAMES	ATHLETICS  Year 1 Unit 1	ATHLETICS  Year 1 Unit 2
Y2	GYM  Unit I Pathways	GAMES  Val Sabin Year 2 Unit 2 Making up games with a partner	GAMES Year 2 Unit 3  Dribbling, Kicking & hitting	GYM  Unit J Val Sabin Spinning, turning & twisting	DANCE  Contrast in shape, speed and size Shadowing Val Sabin Unit 2	ATHLETICS  Year 2 Unit 2
	GAMES  Year 2 Unit 1 Throwing & catching Inventing	DANCE Different levels, directions and speeds Contrast in weight Val Sabin Unit 1	GYM  Unit H Parts high & low	ATHLETICS  Year 2 Unit 1 GAMES	OUTDOOR & ADVENTUROUS ACTIVITY	GAMES  Val Sabin Year 2 Unit 4 Group games and inventing rules

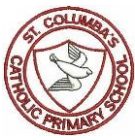


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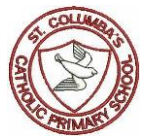


## KS2 OVERVIEW

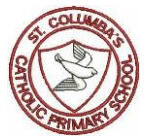
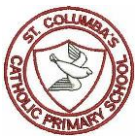
YEAR	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
Y3	GYM  Unit L Stretching & Curling	GAMES  Year 3 Unit 2 Creative games making	OUTDOOR & ADVENTUROUS ACTIVITY	GYM  Val Sabin Unit N Pathways	ATHLETICS  Year 3 Unit 1	ATHLETICS  Year 3 Unit 2
	GAMES  Year 3 Unit 1 Ball skills	DANCE	GYM  Unit M Symmetry & Asymmetry	GAMES  Year 3 Unit 3 Net / wall	DANCE	GAMES  Year 3 Unit 4 Striking & Fielding
Y4	GYM  Unit P Balance	OUTDOOR & ADVENTUROUS ACTIVITY	GAMES  Year 4 Unit 3 Invasion Games	GYM  Val Sabin Unit S Rolling	DANCE  Dance phrases and repetition Val Sabin Unit 1	GAMES  Year 4 Unit 4 Striking & Fielding
	GAMES  Year 4 Unit 2 Problem solving & inventing games	DANCE Electricity Choreograph and Critique Val Sabin Unit 2	GYM  Unit Q Receiving Body Weight	GAMES  Year 4 unit 1 Net / wall	ATHLETICS  Year 4 Unit 1	ATHLETICS  Year 4 Unit 2



# St. Columba's Catholic Primary School














Y5	GYM  Unit T Bridges	SPORTSHALL ATHLETICS (Competition Scheme of work)	GYM  Unit U Flight	GAMES  Year 5 Unit 3 Implement & Kicking	GAMES  Year 5 Unit 1 Net / wall	GAMES  Year 5 Unit 4 Striking & Fielding
	GAMES  Year 5 Unit 2 Invasion and target games	DANCE  Rubbish Using props Val Sabin Unit 1	OUTDOOR & ADVENTUROUS	DANCE City Life Action and dynamics Val Sabin Unit 3	ATHLETICS  Year 5 unit 1	ATHLETICS  Year 5 unit 2
Y6	GAMES Invasion Games  Year 6 Unit 1 Hockey / Soccer	SPORTSHALL ATHLETICS	OUTDOOR & ADVENTUROUS	ATHLETICS  Year 6 Unit 1	GAMES  Striking & fielding Year 6 Unit 3	GAMES  Net / wall Year 6 Unit 2
	GYM  Val Sabin Unit X  Partnerwork Matching & mirroring	DANCE  Intention and meaning Dance from other cultures Val Sabin Unit 1	GAMES  Year 6 Unit 4  Ball Handling Netball, basketball, rugby	GYM  Val Sabin Unit A <sup>o</sup>  Counter balance & counter tension	DANCE  Rainforest Compositional principals Evaluate and refine Val Sabin Unit 3	ATHLETICS  Year 6 Unit 2



# St. Columba's Catholic Primary School

## FUNDAMENTALS - KS1 Additional Units (Intervention)

YEAR	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
YEAR 1	FUNS DUCK Static balance D1 - 4  	FUNS DUCK Agility D11 - 12  	FUNS DUCK Co-ordination D8 - 10  	FUNS DUCK Dynamic Balance D5 - 7  	FUNS  Balance P1,2,5,6 Agility P8 Co-ordination P11  	
YEAR 2	FUNS PENGUIN Balance P1 - 4, 5 - 7  	FUNS PENGUIN Agility P11 - 12  	FUNS PENGUIN Co-ordination P8 - 10  	FUNS OWL Balance O1 - 4  	FUNS OWL Dynamic balance O5 - 7 Co-ordination O8  	FUNS OWL Co-ordination O9 - 10 Agility O11 - 12  



Peacock activities - extra lessons to be used as the teacher decides across year 1 and 2 developing:  
 Agility - running & dodging; jumping, hopping & skipping  
 Co-ordination - throwing & dribbling; kicking & catching