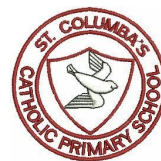


St Columba's Catholic Primary School

# NEWSLETTER



Week Commencing 1st November 2021



## Story Sacks Workshop for Reception Class Parents / Carers

A story sack is a large cloth bag containing a good quality storybook with supporting materials, such as puppets, soft toys and a game to stimulate reading and language activities. Story Sacks are designed to help adults share books with children in a way that is positive, theatrical, special, interactive and fun.



The Story Sacks course runs for 4 weeks, and all resources are provided free of charge.

**The course starts on Thursday 11th November and will be held in school at 9:00-10.30am.**

Places are limited so please speak to a member of the Reception staff to book a place.

## Never Ending Story Winners

### **Nursery**

Alexandra & Jaxon

### **Year 1**

Lucy & Freyja

### **Year 3**

Isabella & Harvey

### **Year 5**

Frankie & Leah

### **Reception**

Maggie & Cole

### **Year 2**

Zina & Sophie P

### **Year 4**

Logan & Alex

### **Year 6**

Louie & Penny

## Peer Massage Course

All children will be completing a peer massage course in school on Thursday 4th November.

A Child 2 Child Peer Massage is a simple initiative that can be used by children and young people in class, group, club or home.

There are a series of short routines that can be given on the hand or the back and head.

The students choose, daily, whether they wish to take part in the massage and if so, the kind of massage they prefer. This work uses the body's own responses to address balance and harmony.

The good feelings help to keep students calm, positive, focused and motivated.



## Life Skills Week

We are pleased to announce that the first Life Skills week of the year has recently taken place and it was a great success. This Life Skills week was based on self regulation and building resilience.

Here are some of the sessions that took place...

Nursery: Calming techniques and emotions

Reception: Emotions through exercise

Year 1: Inside out and speaking out

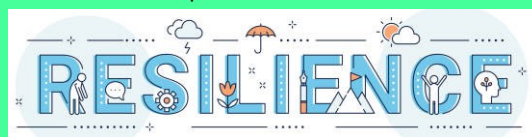
Year 2: Recognising emotions

Year 3: Dealing with emotions

Year 4: Team work and problem solving

Year 5: Confidence and character

Year 6: Competence, connections and contributions



## Open Evening

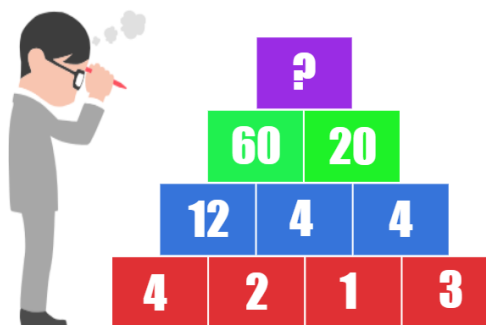
We are very excited to announce that we will be hosting an open evening in November for parents whose children will be starting Nursery or Reception in 2022. Keep your eyes peeled for more information!

# ATTENDANCE

Above 97%	96% - 97%	Under 96%
Exceeding Target	On Target	Below Target
Class	Graded	%
Nursery		88.2
Reception		77.6
Class 1		94.5
Class 2		85.8
Class 3		93.3
Class 4		87.5
Class 5		94.2
Class 6		87.9
WHOLE SCHOOL		88.8

## This Weeks Maths Challenge

### Math Pyramid Brain Teaser



BrainFans.com

## Weekly Wellbeing Challenge

Say something to nice or positive to someone each day this week.

you're  
**AMAZING**  
just the way  
**YOU ARE**

## Attendance

As you can see from the table above, our whole school attendance is significantly below target and it has been since returning to school in September. The Attendance Team is working closely with the Local Authority and information regarding attendance procedure changes will be sent out soon.

Let's eat

## Two choice menu

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week one</b>	Cheese and chorizo pizza with wedges and spaghetti hoops Cheese / tuna / beans / coleslaw jacket potato Cookie & Milkshake Yoghurt - selection of flavours Fruit Contains: Cereals containing gluten, eggs, fish, milk, mustard, soya, wheat. May contain: Celery, mustard, oats, rye, sesame, sulphur dioxide & sulphites	Scouse with crusty bread and red cabbage or beetroot Knorr Cream of Chicken Tuna / cheese / ham / egg / filled roll Fruit Sponge & Custard Yoghurt - selection of flavours Fruit Contains: Barley, celery, cereals containing gluten, eggs, fish, milk, mustard, soya, rye, soya, wheat. May contain: Sesame	Meatballs in tomato sauce with pasta Cheese / tuna / beans / coleslaw jacket potato Butterfly Cake Yoghurt - selection of flavours Fruit Contains: Cereals containing gluten, eggs, fish, milk, mustard, sulphur dioxide & sulphites, wheat. May contain: Celery, soya	Roast beef, roast potatoes, carrots, Yorkshire pudding and gravy Leek & Potato Tuna / cheese / ham / egg / panini Jelly & Fruit Yoghurt - selection of flavours Fruit Contains: Celery, cereals containing gluten, eggs, fish, milk, mustard, soya, wheat. May contain: Oats, rye	Fish fingers, chips & peas (mushy or garden) Cheese / tuna / beans / coleslaw jacket potato Fruit Flapjack Yoghurt - selection of flavours Fruit Contains: Cereals containing gluten, eggs, fish, milk, mustard, oats, wheat. May contain: Rye
<b>Week two</b>	Chicken burger on a didi roll with crisscuts and beans Cheese / tuna / beans / coleslaw jacket potato Chocolate Mousse Break with banana Yoghurt - selection of flavours Fruit Contains: Cereals containing gluten, eggs, fish, milk, mustard, soya, wheat. May contain: Barley, celery, oats, rye, sulphur dioxide & sulphites	Spaghetti bolognese & garlic bread Tomato & Basil Tuna / cheese / ham / egg / filled roll Yoghurt - selection of flavours Fruit Fruit Lolly Ice Contains: Celery, cereals containing gluten, eggs, fish, milk, mustard, soya, wheat. May contain: Oats, rye	Chicken Korma with rice Cheese / tuna / beans / coleslaw jacket potato Brownie Yoghurt - selection of flavours Fruit Contains: Celery, cereals containing gluten, eggs, fish, milk, mustard, soya, wheat. May contain: Oats, rye	Roast pork, mash, carrots, peas & gravy Knorr Cream of Chicken Tuna / cheese / ham / egg / panini Jelly & Fruit Yoghurt - selection of flavours Fruit Contains: Barley, celery, cereals containing gluten, eggs, fish, milk, mustard, oats, rye, soya, wheat.	Harry Ramsden's fish fillet, chips & peas (mushy or garden) Cheese / tuna / beans / coleslaw jacket potato Crumble & custard Yoghurt - selection of flavours Fruit Contains: Celery, cereals containing gluten, eggs, fish, milk, mustard, oats, rye, soya, wheat. May contain: Crustaceans, molluscs, oats, rye, sulphur dioxide & sulphites
<b>Week three</b>	Sausage and mash Cheese / tuna / beans / coleslaw jacket potato Yoghurt - selection of flavours Fruit Fruit Lolly Ice Contains: Cereals containing gluten, eggs, fish, milk, mustard, soya, wheat. May contain: Barley, celery, oats, rye	All day breakfast - scrambled egg, bacon, sausage, hash brown and beans Leek & Potato Tuna / cheese / ham / egg / filled roll Fruit muffin Yoghurt - selection of flavours Fruit Contains: Barley, celery, cereals containing gluten, eggs, fish, milk, mustard, soya, wheat. May contain: Lupin, oats, rye, sesame	Lasagne with garlic bread and salad Cheese / tuna / beans / coleslaw jacket potato Strawberry Mousse Break with strawberries Yoghurt - selection of flavours Fruit Contains: Barley, celery, cereals containing gluten, eggs, fish, milk, mustard, soya, wheat. May contain: Oats, rye	Roast chicken, mash, stuffing, carrot, broccoli & gravy Tomato & Basil Tuna / cheese / ham / egg / panini Cookie Yoghurt - selection of flavours Fruit Contains: Celery, cereals containing gluten, eggs, fish, milk, mustard, wheat. May contain: Oats, rye	Harry Ramsden's fish fillet, chips & peas (mushy or garden) Cheese / tuna / beans / coleslaw jacket potato Frozen Yoghurt Yoghurt - selection of flavours Fruit Contains: Barley, celery, cereals containing gluten, eggs, fish, milk, mustard, oats, rye, soya, wheat. May contain: Crustaceans, molluscs, sulphur dioxide & sulphites

### November 2021

M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

### December 2021

M	T	W	T	F	S	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

### January 2022

M	T	W	T	F	S	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

### February 2022

M	T	W	T	F	S	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28						

### March 2022

M	T	W	T	F	S	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

### April 2022

M	T	W	T	F	S	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

Week One Week Two Week Three