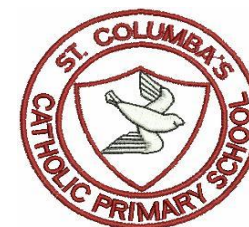


**St. Columba's Catholic Primary School**  
**Curriculum Overview P.E – Get Set 4 P.E**



<b><u>Year Group</u></b>	<b><u>Autumn 1</u></b>	<b><u>Autumn 2</u></b>	<b><u>Spring 1</u></b>	<b><u>Spring 2</u></b>	<b><u>Summer 1</u></b>	<b><u>Summer 2</u></b>
<b><u>Nursery</u></b>	Introduction to P.E unit 1	Yoga Yoga bugs	Ball Skills unit 1	Dance Unit 1	Games Unit 1	Gymnastics unit 1
<b><u>Reception</u></b>	Introduction to P.E unit 2	Dance unit 2	Gymnastics unit 2	Yoga Yoga Bugs	Games unit 2	Ball skills unit 2
<b><u>Year 1</u></b>	Ball skills Fundamentals	Yoga Fitness	Sending & Receiving Gymnastics	Dance Net & Wall Games	Gymnastics Athletics	Dance Target Games
<b><u>Year 2</u></b>	Invasion Games Gymnastics	Dance Fitness	Gymnastics Team Building	Dance Striking & Fielding	Gymnastics Yoga Yoga Bugs	Athletics Dance
	Gymnastics	Dodgeball	Netball	Fitness	Athletics	Rounders

<b><u>Year 3</u></b>	Hockey	Yoga	Gymnastics	Dance	Gymnastics	Football
<b><u>Year 4</u></b>	Gymnastics Ball Skills	Handball Dance	Basketball Yoga	Tag Rugby Fitness	Cricket Swimming	Athletics Dance
<b><u>Year 5</u></b>	Hockey Gymnastics	Yoga Fitness	Netball Gymnastics	Dance Football	Tennis Swimming	Gymnastics Rounders
<b><u>Year 6</u></b>	Gymnastics Dodgeball	Basketball Dance	Outdoor Adventure Gymnastics/Yoga	Dance Fitness	Badminton Swimming	Cricket Volleyball