



St Columba's Catholic Primary School

Hillside Road, Huyton, Knowsley, L36 8BL

Headteacher; Mrs M Evans

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Relationships and Health Education – PSHE

Dear Parents/Guardians,

At St. Columba's, we teach Relationships, Sex and Health Education as part of the PSHE curriculum. We do this using the **JIGSAW** scheme of work, alongside the Archdiocese's **Journey in Love** scheme to teach all aspects of personal, social and health education, including all statutory requirements for relationships, health and sex education.

Links are also made with other curriculum areas, particularly the National Curriculum for Science, which includes key knowledge about the human body and how the body changes and develops through the stages of life. As the Science curriculum is statutory, by law, parents are not permitted to withdraw their children from lessons included in the Science curriculum. However, you are allowed to withdraw your child from relationship content lessons if you so wish.

Attached to this letter is the content of these RSHE lessons and what your child will be learning during these sessions. Please read these carefully so that you are aware of what your child will be covering so that you can further discuss these lessons with your child at home if needed.

At St. Columba's we think school is a safe and positive environment for your child to be able to learn these vital life skills and knowledge in a sensitive and age appropriate manner. If you have any concerns or questions, please contact school to speak to Mrs Potter.

Thank you for your continued support as always.

Yours sincerely,

Mrs Potter

PSHE/RSHE Co-ordinator

